



**St George Migrant
Resource Centre Inc.**

CALD COMMUNITY CARE PROGRAM Carer Support Services

For carers from culturally and linguistically diverse (CALD) communities in the St George and Sutherland Shire regions

The CALD Community Care Program can provide you with:

- ◆ **Information** about services available to support you in your caring role, **guided referral**, follow up and **advocacy**
- ◆ **Individual advice**, counselling and emotional support
- ◆ Regular **telephone support**
- ◆ **Opportunities to learn** and develop your caring skills and learn about self care through educational workshops and information sessions on specific topics
- ◆ **Opportunities to connect with other carers** and share experiences at regular monthly Carer Support Groups, quarterly outings and other social gatherings.
- ◆ **Appropriate language and cultural support** by bilingual Home and Community Care (HACC) Case Workers

Let us support you through your caring journey!

Contact details:

552 Princes Highway (PO Box 381)

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