



## **St. George Migrant Resource Centre Inc.**

### **CALD COMMUNITY CARE PROGRAM**

**We link you with  
Home & Community Care Programs,  
help you live at home & support you**

**552 Princes Hwy  
PO Box 381  
Rockdale 2216**

**Ph: (02) 9597 5455  
Fax: (02) 9567 3326**

**Email: [sgmrc@sgmrc.org.au](mailto:sgmrc@sgmrc.org.au)  
Web: [www.sgmrc.org.au](http://www.sgmrc.org.au)**

The program is funded by the Ageing, Disability and Home Care, Department of Human Services NSW

The Community Care Program is an information, support & referral service for non – English speaking older people, people with disabilities and their carers in the St. George and Sutherland Shire areas.

#### **How this program can help you...**

- We provide information about Home and Community Care (HACC) services
- We can refer you to services you need
- We provide further support and follow up
- We provide carers with individual advice, emotional support or any other information relevant to their needs.
- We provide you with the opportunity to join others in similar situations on information sessions, bus outings and other social gatherings.
- We provide monthly carers support groups and the opportunity to share your experiences with other carers

#### **HACC services can help...**

- With general housework
- Home delivered meals and shopping
- Personal care such as showering
- Transport, repairs and changes
- Community nurses
- Time out from caring
- Gardening and lawn mowing
- Social support e.g. outings, social groups
- Support for carers

#### **Fees**

Generally our service is free of charge however participants are asked to contribute a fee for some activities such as outings, luncheons, etc.

#### **The Multilingual Hotline**

**Ph: (02) 9505 7601**

The Multilingual Hotline operates by bilingual workers and provides you with support and information about HACC services. It operates **Mon – Fri from 10 am – 3 pm**

Monday	Italian
Tuesday	Arabic
Wednesday	Macedonian & other languages of the former Yugoslavia
Thursday	Chinese
Friday	Greek

Our bilingual workers also speak Hindi, Gujarati & Vietnamese.

If you don't speak any of the above languages please call the Telephone Interpreters Service (TIS) on **13 14 50** to contact us.