



## MULTICULTURAL COMMUNITY AGED CARE PACKAGES

Helping you stay at home

**St George Migrant Resource  
Centre Inc.**  
552 Princes Highway  
Po Box 381  
Rockdale NSW 2216

**Telephone: (02) 9597 5455**  
**Fax: (02) 9567 3326**

**Website: [www.sgmrc.org.au](http://www.sgmrc.org.au)**

**Multicultural Community Aged Care Program (CACP)** is a service of the St. George Migrant Resource Centre and is funded by the Commonwealth Department of Health & Ageing. It provides a combination of culturally appropriate services delivered by bilingual workers, giving elderly people the option to stay at home instead of going into residential care.

The service provides case management to monitored clients needs.

### Who Can Use the Service?

It is available to all Non English Speaking Background elderly people who live in the St. George & Sutherland Shire regions.

### Who Can Refer?

Anyone can refer:

- \* Yourself
- \* Family
- \* Friends & Relatives
- \* Doctor
- \* Hospital
- \* Social Worker
- \* Community Worker

### What happens after the Referral?

A member of the Aged Care Assessment Team ACAT and CACP coordinator/s assesses older person's eligibility for CACP assistance.

### Services Offered Include:

- Showering/Bathing
- Short-term In-home respite
- Light home help
- Shopping and banking
- Social support
- Transport to medical appointments
- Meals preparation
- Nurse visits
- In-home haircut
- Lawn mowing

### How Much Does It Cost?

A fee for services applies and the amount discussed at the time of the Assessment.

### For Further Information

**Please Call 9597 5455**

Clients who speak languages other than English are accessed via the Telephone Interpreter Service (TIS) on 131 450.